

Course Instructor

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Course Description

Building consciousness, knowledge, and skills in any endeavor begins with learning the foundational principles. This course is designed to be the first course students take when embarking upon any of the Unity Worldwide Spiritual Institute's learning paths. Students will explore foundational principles from *Lessons in Truth*, *Discover the Power* and other historical texts. They will also learn how to integrate the foundational principles into daily life.

Course Learning Objectives

By the end of the course learners will be able to:

1. Identify, reflect upon and explain the reasons for humankind's state of bondage. Identify what might keep you in bondage.
2. Describe "God" as divine paradoxes: Principle and Personal, Immanent and Transcendent, Masculine and Feminine, and Law and Grace.
3. Describe the three-fold nature of God and humankind.
4. Articulate the power of affirmative prayer with the use of Denials and Affirmations.
5. Explain the metaphysical teachings of Jesus Christ according to Eric Butterworth.
6. Create an action plan that will support you in your personal spiritual growth.
7. Apply the teachings of Jesus in life situations.
8. Explain and demonstrate the law of manifestation.

Required Text/Readings

- Cady, H. Emilie. *Lessons in Truth*. Unity Village, 2003.
- Butterworth, Eric. *Discover the Power Within*. New York: HarperOne, 2008.
- Fillmore, Charles. *The Revealing Word*. Unity Village: Unity, 2005.

Recommended Text/Readings

- Fox, Emmett. *Sermon on the Mount*. New York: Harper Collins, 1989.
- Cady, H. Emilie. *How I Used Truth*. Whitefish, MT: Kessinger Publication, 2010.
- Trine, Ralph Waldo. *In Tune With the Infinite*. Seven Treasures Publications, 2009.